**Comparison of items in Brief CGA and Year of Care document ‘Things that are bothering me’**

The YOC resource ‘Things that are bothering me’ is a self-completion document that reflects the domains of the Brief Comprehensive Geriatric Assessment (CGA).

The ‘Things that are bothering me’ document should be shared with the person as a preparation tool to complete before the consultation. This reduces the time spent by the professional during the appointment completing assessment tools.

This comparison lays out the fields usually collected in the Brief CGA that are covered by the ‘Things that are bothering me’ document. It also shows the extra information collected by the ‘Things that are bothering me’ document. There are a few areas not covered which require a degree of professional assessment and so those are noted separately.

|  |
| --- |
| **Demographic information – usually already available within templates and records ( not covered by ‘Things that are bothering me’**Patient contact details (name, address, D.O.B, GP, NHS number)Record of Clinical frailty score/eFI score |
| **Fields covered in ‘Things that are bothering me’ also collected in Brief CGA** Bathing and washingGetting dressedGoing to the toiletPreparing a mealShoppingEating and drinkingDoing houseworkDrivingBeing able to see thingsBeing able to hear thingsBeing able to go outside (with or without help) Being steady on your feetGetting around your homeGetting out to social activitiesFalls - how many in the last year? Sleeping ContinenceConstipation Feeling down and depressedFeeling tiredFeeling anxiousFeeling lonelyDo you live on your own? Do you have a relative or carer helping you regularly at home? Are you a carer? Do you feel your housing is a problem? Do you need support with benefits or finance? Getting enough activityYour medications |
| **Extra fields covered in ‘Things that are bothering me’ document** **(not assessed as part of the Brief CGA)**Using the telephoneSlowing down Keeping warmCoping with painLosing weight without dieting Worrying about the future Would you like more support? Are you receiving services, treatment or support which you no longer need or want?Do you want advice on work or volunteering? Hobbies and interestsSmoking (how many cigarettes each day)Wanting to lose weightSex lifeAlcohol consumptionAttending the surgery or other appointmentsKnowing who to contact Knowing what to do if things get worse |
| **Required fields in Brief CGA not covered in ‘Things that are bothering me’****Would need to be assessed by healthcare professional** Measurement of weight/calculation of BMICognition questions - delirium, Abbreviated Mental Test (AMT) score, Mental Capacity AssessmentFatigue, hallucination, delusionMotivation and health attitudeSpeech and understandingStrength and mobility - transfers, bed (in/out), aid use |