**Comparison of items in Brief CGA and Year of Care document ‘Things that are bothering me’**

The YOC resource ‘Things that are bothering me’ is a self-completion document that reflects the domains of the Brief Comprehensive Geriatric Assessment (CGA).

The ‘Things that are bothering me’ document should be shared with the person as a preparation tool to complete before the consultation. This reduces the time spent by the professional during the appointment completing assessment tools.

This comparison lays out the fields usually collected in the Brief CGA that are covered by the ‘Things that are bothering me’ document. It also shows the extra information collected by the ‘Things that are bothering me’ document. There are a few areas not covered which require a degree of professional assessment and so those are noted separately.

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| **Demographic information – usually already available within templates and records ( not covered by ‘Things that are bothering me’**  Patient contact details (name, address, D.O.B, GP, NHS number)  Record of Clinical frailty score/eFI score |
| **Fields covered in ‘Things that are bothering me’ also collected in Brief CGA**  Bathing and washing  Getting dressed  Going to the toilet  Preparing a meal  Shopping  Eating and drinking  Doing housework  Driving  Being able to see things  Being able to hear things  Being able to go outside (with or without help)  Being steady on your feet  Getting around your home  Getting out to social activities  Falls - how many in the last year?  Sleeping  Continence  Constipation  Feeling down and depressed  Feeling tired  Feeling anxious  Feeling lonely  Do you live on your own?  Do you have a relative or carer helping you regularly at home?  Are you a carer?  Do you feel your housing is a problem?  Do you need support with benefits or finance?  Getting enough activity  Your medications |
| **Extra fields covered in ‘Things that are bothering me’ document** **(not assessed as part of the Brief CGA)**  Using the telephone  Slowing down  Keeping warm  Coping with pain  Losing weight without dieting  Worrying about the future  Would you like more support?  Are you receiving services, treatment or support which you no longer need or want?  Do you want advice on work or volunteering?  Hobbies and interests  Smoking (how many cigarettes each day)  Wanting to lose weight  Sex life  Alcohol consumption  Attending the surgery or other appointments  Knowing who to contact  Knowing what to do if things get worse |
| **Required fields in Brief CGA not covered in ‘Things that are bothering me’**  **Would need to be assessed by healthcare professional**  Measurement of weight/calculation of BMI  Cognition questions - delirium, Abbreviated Mental Test (AMT) score, Mental Capacity Assessment  Fatigue, hallucination, delusion  Motivation and health attitude  Speech and understanding  Strength and mobility - transfers, bed (in/out), aid use |